



Arlene's September 2023 9-12 Lunch Menu

<i>Each student is entitled to one free breakfast and one free lunch per school day.</i>				1 WG Pizza Sticks - 2 Marinara Broccoli Pineapple Choc/White Milk
4 Labor Day	5 Taco Tuesday WG Nacho Chips Refried Beans Cheddar Cheese Fresh Watermelon Choc/White Milk	6 Meatball – 7 - Sub Carrot Sticks Craisins Choc/White Milk	7 WG Chicken Patty & WG Bun Ketchup Green Beans Whole Apple Choc/White Milk	8 WG Pizza Sticks - 2 Marinara Broccoli Pineapple Choc/White Milk
11 Beef Hot Dog & WG Bun Baked Beans Apple Crisps Choc/White Milk	12 Hamburger Patty & WG Bun Baked Fries Fresh Melon Choc/White Milk	13 WG Chicken Tenders – 3 Roll Green Beans Cheez Its Fruit Slushy Choc/White Milk	14 Spaghetti & Meatballs – 7 Roll WG Pasta Carrot Sticks Fresh Pineapple Choc/White Milk	15 Turk Pep Pizza Broccoli Bear Cracker Whole Apple Choc/White Milk
18 Sloppy Joe & WG Bun Carrot Sticks WG Sport Crackers Whole Apple Choc/White Milk	5 Taco Tuesday WG Nacho Chips Refried Beans Cheddar Cheese Fresh Watermelon Choc/White Milk	20 WG Chicken Nuggets - 5 Baked Fries Fruit Slushy Choc/White Milk	21 Beef Gyro WG Pita Bread Tomatoes Cucumbers Shredded Romain Craisins Choc/White Milk	22 WG Pizza Sticks - 2 & Marinara Broccoli Pineapple Choc/White Milk
25 Beef Hot Dog & WG Bun Baked Beans Apple Crisps Choc/White Milk	26 Hamburger Patty & WG Bun Baked Fries Fresh Melon Choc/White Milk	27 WG Chicken Patty & WG Bun Ketchup Green Beans Whole Apple Choc/White Milk	28 Spaghetti & Meatballs – 7 Roll WG Pasta Carrot Sticks Fresh Pineapple Choc/White Milk	29 Turk Pep Pizza Broccoli Bear Cracker Whole Apple Choc/White Milk

NO PORK or PEANUTS SERVED AT ANY TIME MENU SUBJECT TO CHANGE

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