



# Arlene's October 2021 K-8 Lunch Menu

For the 2021-22 school year each child is entitled to one free breakfast and one free lunch per school day.				1 Bosco Sticks -2 Marinara Broccoli WG Cheez-its Whole Banana Milk
4 WG Chicken Nuggets Corn Cheez-its Whole Apple Milk	5 Taco Tuesday WG Nacho Chips Refried Beans Cheddar Cheese Pineapple Milk	6 Hamburger Patty & WG Bun Ketchup Baked Fries Fresh Cut Melon Ketchup Milk	7 Meatballs & Spaghetti WG Pasta Carrot Sticks Fresh Cut Pineapple WG Roll Milk	8 Tony's Beef Peperoni Pizza Broccoli Cheez Its Fresh Melon Milk
11 Sloppy Joe WG Bun Corn on the Cobb Cheez-its Whole Apple Milk	12 Crispy WG Chicken Tenders BBQ Sauce WG Dinner Roll Baked Beans Whole Banana Milk	13 BBQ Beef Rib Sandwich & WG Bun Corn WG Nacho Chips Fresh Pineapple Milk	14 Beef Hot Dog & WG Bun Hash Brown Carrots Sticks Fresh Cut Pineapple Milk	15 WG Chicken Nuggets Ketchup Broccoli WG Cheez-its Whole Banana Milk
18 Chicken Corndog Corn Bear Grahams Ketchup Whole Apple Milk	19 Taco Tuesday WG Nacho Chips Refried Beans Cheddar Cheese Pineapple Milk	20 Meatballs & Spaghetti WG Pasta Carrot Sticks Fresh Cut Pineapple WG Roll Milk	21 Crispy Chicken Patty & WG Bun Celery Sticks Ranch Fresh Cut Melon Milk	22 Bosco Sticks -2 Marinara Broccoli WG Cheez-its Whole Banana Milk
25 Meatball Sub & WG Bun Carrot Sticks Ranch Dressing WG Cheez-its Whole Apple Milk	26 WG BBQ Chicken Patty & WG Bun BBQ Sauce Baked Beans Whole Banana Milk	27 Hamburger Patty & WG Bun Ketchup Baked Fries Fresh Cut Melon Ketchup, Milk	28 Salisbury Steak & Gravy Mashed Potatoes Dinner Roll Fresh Cut Melon Milk	29 Tony's Beef Peperoni Pizza Broccoli Cheez Its Fresh Melon Milk

NO PORK or PEANUTS SERVED AT ANY TIME MENU SUBJECT TO CHANGE

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